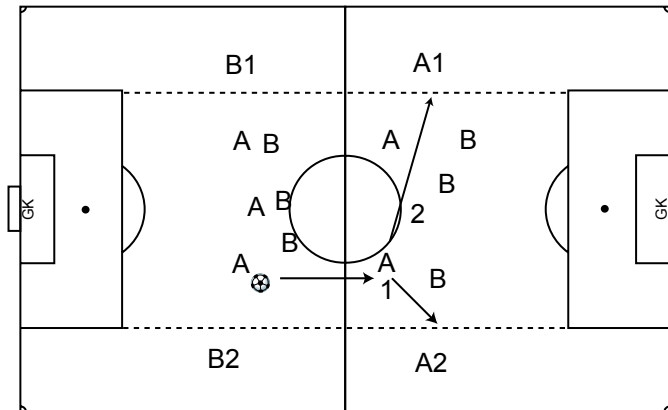




## Tactical Drill # 1: Flank Attack with Switching Play



A1/A2 & B1/B2 stay in their lanes and cannot be challenged.

Teams must play into a wide lane (1) before they can score.

Encourage teams to switch play (2) to stretch the defense.

### Coaching Points/Progression

1. Line up your teams with players in positions they usually play.
2. When switching the play, ask to do the switch in two passes. You can adjust this based on the ability and strength (for long passes) of your team.
3. Progression options:
  - a. allow the wide players to leave their lanes after they pass the ball out.
  - b. allow all lane players to play out and only ask one player to run into the lane if they want the ball. This requires lots of communication.
  - c. allow players to be challenged in the lanes.

The critical success factor of this drill is to play the ball into the lanes fast and then generate a scoring chance quickly through a dribble and cross, or a direct diagonal cross. Players not in lanes must make the runs to receive passes and crosses.

### Coach's Notes